



Kinnections
strengthening community in care homes

Questions to ask when working in groups

This Resource has been created as part of the Kinnections
– strengthening community in care homes project.

www.myhomelife.uws.ac.uk/scotland/kinnections

Questions to Ask When Working in Groups has been developed from Roddy, E. and Dewar, B. (2016) 7 C's for Caring Conversations Reflexivity in Research A reflective account on becoming reflexive: the 7 Cs of caring conversations as a framework for reflexive questioning. *International Practice Development Journal*, Vol 6 (1), 8.



What promises feel possible today?

What would I like to see us let go of in order to move forward?

Who would I like us to hear more from?

What ideas or actions would I like us to build on?

What new question/ wondering has emerged from our conversation today?

What other views would I like to see us explore?

How can we ensure that those who aren't present still feel included?

What has worked well in how we have been together as a group?

What caught my attention? Where could it lead us?

When did I experience strong emotion during our time together?

Have there been any mistakes I would like us to celebrate?

What has today shown me about what we value?

What might help us to feel able to take a risk?

When have we listened well to each other?

Have there been moments of courage or curiosity we would like to celebrate?

What am I going to hold onto from the discussion, and think more about?