

# STOP



**S**eeing



**T**hinking



**O**penness



**P**assing it On

## Taking Time to Stop and:

**See-** noticing how people are feeling, their body language and facial expressions

**Think-** reflecting on what we have noticed about how the person is, thinking about anything we would like to ask questions about or find out more about, anything we might like to try doing differently

**be Open to others and to learning-** being open to use our 'seeing' and 'thinking' to learn more about people who live, work and visit here

**Pass it On** - passing on to others what we have learnt about what is important to residents, relatives and staff so that we can achieve positive outcomes for everyone

**STOP Resource developed by staff of Thorntoun Estate Nursing home through involvement in Kinnections.**

