



Kinnections Festival of Friendship & Variety Show

Celebrating Friendships in Care Homes.
Everyone Welcome.

Oct 14th

10am - 7.30pm

Via YouTube Channel

Kinnections- Creative Content for Care Homes



Festival of Friendship

Programme

10.00- 10.20	<p>Festival Opening with our friends Tara French, Scottish Care, Centrestage & Friends</p>
10.20- 11.15	<p>Time to Dance with Scottish Ballet “By developing communication, expression, coordination, balance and social interaction, dancing engages the brain and improves quality of life. Please join in, enjoy the music and movement and have fun dancing with us today. It’s Time to Dance!”</p> <p>Poetry by the Fire with Carol Ann Crawford A selection of poems about friendship & love, by Robert Burns, Emily Bronte and even Shakespeare for you to listen to or join in with</p> <p>Song-Writing with Carol Beckwith Carol will bring us song and music, and also help us to write our very own original song on the theme of Friendship</p>
11.15- 11.30	<p>A Chance to Travel Around the World with Classical Guitar Music by Hannah Woollacott, Music in Hospitals & Care Music in Hospitals & Care sessions are designed to humanise clinical settings, reach and connect people, encourage communication and meaningful interactions and evoke emotions and memories when it matters most.</p>
11.30- 12.30	<p>A Little Italian with Lingo Flamingo Rosi, from Lingo Flamingo will introduce us to some Italian Words and phrases for us to greet our friends with</p> <p>Limericks with Lily Elderflower, from Hearts & Minds Lily will share some limericks which she tells us make her titter!!</p> <p>Gentle Movement with Elaine Kordys, SpinTurn Movement Gentle movement exploring warmth and circular movement- perfect for an autumn day.</p> <p>Stories and Song with Ailie and Marie Louise Ailie and Marie Louise will share some old legends from Ayrshire with songs that you will know</p>

12.15- 2.00pm	<p>Lunch with option to tune into the Music for Dementia Radio Station https://m4dradio.com/ A group of five 24-hour advertisement-free internet radio stations playing era-specific music for people living with dementia and their carers.</p>
2.00- 3.00pm	<p>Dog Bingo with Dementia Dog Project A short, fun bingo game with Bingo-Caller Billy (a 4yr old Labrador/golden retriever), and his friend (handler) Carla. Prizes to be won- so have those bingo cards ready.</p> <p>An Afternoon at the Movies from Screen Memories A chance to test your movie knowledge, and see clips from the Oscars through the years</p> <p>Poetry by the Fire with Carol Ann Crawford A few more poems, some funny, some sombre</p>
3.00- 3.15	<p>A Chance to Savour some Beautiful Tunes with Scottish Harpist Siannie Moodie, Music in Hospitals and Care</p>
3.15- 4.10	<p>Zoom over to Zoom-Follow the Information on Screen A Day at the Beach Reminiscence with Lawrence Lindsay Lawrence will transport us for a day at the beach with friends, where we can imagine the smells, sounds and taste of ice-cream</p> <p>Music & Memories with Forget-Me-Notes and Centrestage Your time to sing, and sway to lots of familiar songs</p>
4.15- 4.30	<p>Songwriting with Carol Beckwith Carol will be back with our very own Festival song, written using your words and phrases about Friendship, from her morning session</p>
4.30- 4.45	<p>A Musical Surprise from Music for Hospitals and Care You'll just have to wait and see 😊</p>
4.45 - 6.00	<p>Break for Evening Meal- Back to our Friends from Music for Dementia for some backing tracks to our evening meal</p>

<p>6.00- 6.30</p>	<p>Stories & Song More stories and songs from Ailie and Marie-Louise as a warm-up to our Variety Show Surprise A wee surprise to help us get in step for the Variety Show</p>
<p>6.30- 7.30</p>	<p>Variety Show An Evening at a Variety Show hosted by Adam Bowman & his Ukulele Join us for a Variety Show with acts from care homes across Ayrshire. Adam will also be taking requests if there's a song you'd like to hear. Festival Farewells</p>



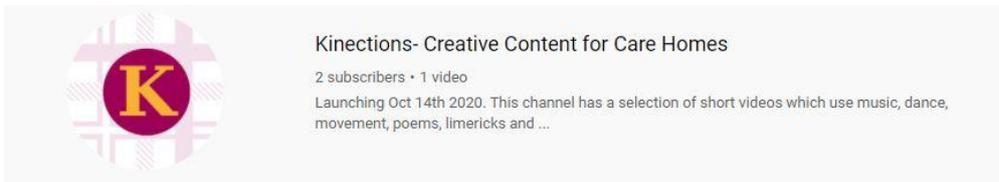
Fantastically Appropriate Questions

Where is the Festival happening?



The majority of the Festival will take place on You Tube.

- Go to www.youtube.com
- Search for Kinnections Creative Content for Care Homes
- Scroll down until you see the image below



- Click on the title Kinnections- Creative Content for Care Home and join us for the Festival



We will be using Zoom for one session from **3.15- 4.10pm.**
(this is to facilitate music licence requirements).

If you are looking at this programme on a *computer/tablet/phone*- just click on [Festival](#) at 3.10pm on Oct 14th and it will bring you straight to the Zoom session.

If you are looking at a *paper version* of this programme and want to access the Zoom session:

- At 3.10pm on Oct 14th type in the following on your computer internet address bar.
<https://us02web.zoom.us/j/83089193277>
- Click on 'Open Zoom Meeting'
- You will then be able to watch the session. For your privacy no one will be able to see you.

Who can come along to the Festival?

Everyone is welcome. The Festival has been created as part of the Kinnections project that is working with East Ayrshire care homes, and we would like to extend a warm welcome to anyone who would like to join us on the day.

What if I want to watch the sessions after the Festival?

We really hope that this happens- we would love people to continue to access and use the videos from the Festival. The majority of the videos will continue to be available on the Kinnections- Creative Content for Care Homes You Tube Channel for you to enjoy after the Festival.

I really would like to join the Festival but I'm just not sure how to access You Tube or Zoom?

If you need anymore information re accessing YouTube or Zoom for the Festival check out:

www.myhomelife.uws.ac.uk/scotland/kinnections-news

or email: KinnectionsEA@uws.ac.uk or Call/Text: 07720897717