

Extra Yard Story

Care Home: _____



Kinnections
strengthening community in care homes

Extra Yards *together make the* Extra Mile

Every day people who live, visit and work in care homes do that wee bit extra for each other. We are looking to collect 1760 stories, one story for each yard in a mile, to demonstrate just how far people go to create community in care homes.

We'd love to hear your story- please see other side of card and leave in shoebox

When someone is walking an extra yard they might be:

Showing that extra level of **thoughtfulness and consideration** of small touches that can add some spark to a person's day

Giving something a go, for the sake of someone else, that maybe **feels a little out of the box** because it's new or different to what they might normally do

Going a **wee bit further** than what might be the normal run of the mill

Examples from East Ayrshire Care Homes:

staff involving residents in their lives, for example calling in to the care home on their wedding day/ a relative continuing to visit after their loved one has passed away as they want to continue spending time with the friends they've made in the care home/ care homes inviting neighbours who live alone to call in for lunch