Making Mischief	Being Affectionate
Getting Folk Laughing	Keeping the Place Neat and Tidy
Friendliness	Asking Others for Help
Easy-Going	Knowing about nature
Enjoying being with children	Motivating people
Finding reasons to celebrate	Showing appreciation to others

Not worrying about wee mistakes	Gentle hands
Charming	Forgiving People
Generous with their time	Having wise insights
Kind Smile	Being resourceful
Hard-working	Heart of Gold
Brave in trying new things	Sharing their emotions
Sparkly eyes	Enjoying music

Fixing things	Chattiness
Making others feel special	Loving dancing
Getting active	Finding things that get lost
Welcoming people	Enjoying meals
Matching colours and fabrics	Owning up to being crabbit
Using technology	Talking about sensitive subjects
Caring about the environment	Accepting other people's quirks

Keeping everyone in the loop	Dealing with small details
Managing mayhem	Jus t doing it
Planning parties and events	Knowing the right things to say
Helping people feel safe	Connecting with people who don't use words
Listening with heart	Putting words into actions
Encouraging people to talk	Making things that are
and express themselves	complicated or confusing
	more simple
Finding new ways to do things	Soothing voice

Coming up with ideas	Creating a warm feeling
Thoughtful of other people	Adaptable if plans change
Showing determination	Thinking rationally
Loving dancing	Writing things down
Loving dancing	writing things down
Building teamwork	Showing creativity
Communicating clearly	Guaranteed good hugs
Patient listener	Eagerness to learn

Welcoming different ideas and opinions	Noticing what is important to others
Holding off on making assumptions	Sharing stories
Accepting other people's differences	Being a bit quirky
Making tasty food	Caring about the environment
Being knowledgable about	Taking photographs
Speaking in groups	Helping people's confidence to grow
Supervising or supporting others	Taking time to reflect

Involving people in decisions	Engaging with the wider community
Having courage to say the things that others haven't said	Supporting people to stay connected to what is important to them
Meeting deadlines	Organising meetings
Being calm in an emergency	Finding ways to compromise
Being comfy with new people	Going that extra mile