

# COMMUNITY QUALITIES CARDS

Encouraging conversations about the qualities of people in your community

## WHO MIGHT USE THESE

Care home staff ♥ residents ♥ relatives ♥ anyone who visits the home

Volunteers-students-visiting health professionals

## WHEN

Getting to know new residents, relatives, staff

Meetings such as review meetings, resident/relatives meetings or supervision

Over a cuppa in the lounge

Other ideas \_\_\_\_\_

## MENU OF OPTIONS

Choose a card/s that you feel describes you

Choose a card/s that you feel describes \_\_\_\_\_ (a relative/colleague/friend)

Choose a card that is a quality that you would like to explore or develop in

## BLANK CARDS

Add other qualities not in the pack

## EXPLORE MORE

After reflecting on your own or others qualities where might this lead

