Caring Conversations

Be Courageous - What matters? What would happen if we gave this a go? What is the worst that could happen if you did this?

Connect Emotionally - How did this make you feel? I feel......You made a difference to my day because......

Be Curious - What strikes you about this? Help me to understand what is happening here? What prompted you to act in this way? What helped this to happen? What stopped you acting in the way you would have wanted to?

Consider Other Perspectives - Help me to understand where you are coming from? What do others think? What do you expect to happen? What is real and possible?

Collaborate - How can we work together to make this happen? What do you need to help you to make this happen? How would you like to be involved? How would you like me to be involved? What would the desired goal/success look like for you?

Compromise - What is important to you? What would you like to happen? How can we work together to make this happen? What do you feel you can do to help us to get there? What would you like me to do?

Celebrate - What worked well here? Why did it work well? How can we help this to happen more of the time? If we had everything we needed what would be the ideal way to do this? What are our strengths in being able to achieve this? What is currently happening that we can draw on? I like when you......