

Flustered

Intimidated

Annoyed

Powerless

Worried

Confused

Overwhelmed

A bit silly

Stuck

Numb

Scared

Angry

Unsupported

Awkward

Frustrated

Let down

Vulnerable

Misunderstood

Anxious

Embarrassed

Fed up

Relieved

Connected

Valued

Hopeful

Safe

Heard

Comfortable

Fortunate

Calm

Trusted

Surprised

Privileged

Encouraged

Included

Inspired

Excited

Moved

Respected

Reassured

Confident

Motivated

Proud